



## HOW IT WORKS

1

### **CHOOSE YOUR OPTION**

1:1, group, graduate group, or coaching.

2

### **BOOK ONLINE**

via our Splose portal (secure payments enabled).

3

### **COMPLETE A SHORT**

#### **INTAKE**

goals, preferences, any access needs

4

### **MEET ONLINE**

resources and action steps after each session

5

### **REFLECT & GROW**

Accessible online support and peer connection.

6

### **CPD RECORDS**

Attendance summaries available for your portfolio

